

Welcome:

This sheet will give you information on when and how to wear a protective face mask

Source: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>

when-to-put-on-a-mask:

Put on a mask when:

if you are taking care of a person with suspected 2019-nCoV infection

Wear a mask if you are coughing or sneezing

Masks only work when effective **hand-cleaning****

If you wear a mask, you MUST **dispose-properly****

using-a-mask:

before-putting-on

put-on-mask

dont-touch-mask

replace-mask

remove-mask

before-putting-on:

Before putting on a mask, clean hands with alcohol-based hand rub or soap and water

Cover mouth and nose with mask and make sure there are no gaps between your face and the mask

Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water

To remove the mask: remove it from behind (do not touch the front of mask) **dispose-properly** **hand-cleaning**

put-on-mask:

Healthy people: only wear a mask if you take care of a COVID-19 infected person

Wear a mask if you are coughing or sneezing

Masks are only effective when combined with **hand-cleaning**

If you wear a mask, you MUST **dispose-properly**

dont-touch-mask:

AVOID touching the mask while using it

If you do, IMMEDIATELY perform **hand-cleaning**

replace-mask:

Replace the mask AS SOON as it is damp

Don't reuse single-use masks

dispose-properly:

HOW TO REMOVE THE MASK:

remove it from BEHIND (do NOT touch the front of the mask)

discard IMMEDIATELY in a CLOSED bin

hand-cleaning

hand-cleaning:

Alcohol based rub

Wash hands with soap for at least 20 seconds

brought-to-you-by:

Stay informed. Stay healthy. Brought to you by redlake-tech.com

Made with DiaGrammar - downloads (PDF, PNG) at redlake-tech.com/covid-19